



Friends Of Restorative
Orthomolecular Medicine

WHEN?

7:00 to 9:00 P.M. on
Wednesday
October 29, 2003



WHERE?

Meeting Room No. 1
upstairs west of the
North York
public library



WHO'S INVITED?

Anyone interested in
restorative orthomolecular
medicine – friends,
patients, families and
caregivers: laymen and
health professionals.



DOOR DONATIONS

To the International
Schizophrenia Foundation
(formerly CSF).



*Produced with the approval
of Steven Carter, director,
International Schizophrenia
Foundation, and Dr. Abram
Hoffer, editor of the Journal
of Orthomolecular Medicine.*



www.searpubl.ca

29 October, 2003 an evening meeting

Finding Orthomolecular Care in the GTA

Starting with the 90 Day Plan for Finding Quality Care,
the evening will present information about:

- *finding orthomolecular care* for depression, bipolar, anxiety, schizophrenia, ADHD, autism and other brain disorders
- *resources* – book list, film, newsletter, tapes, journal, professionals
- *conferences* – report on Nutritional Medicine Today, Toronto, April 2003 and ISOM #33 coming to Vancouver, Waterfront Hotel, 2004 *handout* – FOR•OM friends report, invitation, book lists
- *reviews and discussions* of books for patients and caregivers.
Two authors will read from their books...

Finding Care for Depression by R. Sealey, BSc, CA
(reviewed by Dr. Abram Hoffer)

Trace Minerals by Ray Patarrachia, ND (and Klaus Wenzel, MD)

- *stress busters* and nutrition tips featuring Rosalie Moscoe, RNCP
- *questions*, progress reports and networking

**This will NOT be a support group. No one will diagnose or treat anyone.
Just an evening to share information and network with FOR•OM friends.**

PRESENTERS

Bob Sealey, BSc, CA – consultant, author of *Finding Care for Depression*,
90 Day Plan for Finding Quality Care

Ray Patarrachia, ND – naturopathic practice and research,
co-author of *Trace Minerals*

Rosalie Moscoe, RNCP – professional speaker,
producer of *Less Stress More Success*

Jon Prousky, ND – naturopath in private practice, lectures at Canadian
Naturopathic College

ALSO INVITED

Marian Phillips, ND – naturopath working at York Downs Pharmacy
and private practice